

## PERSONAL MEDICATION DISPENSING CARD

### ABSTRACT OF THE DISCLOSURE

A personal medication dispensing card capable of  
5 being retained by an individual much in the same manner  
as a conventional credit card. The personal medication  
dispensing card is provided with a shallow recess in a  
surface thereof for containing a powdered or granulized  
10 form of the medication or other substance to be dispensed  
in that recess. A removable cover sheet is disposed over  
the recess and holds the contents in place. The  
medication or other substance can also be located on a  
surface of the card and covered by a removable cover  
sheet. When a user desires to consume that medication,  
15 the user merely removes the removable cover sheet and  
typically licks the medication contained in the recess.